

SWIMERG MAINTENANCE GUIDE



- Clean the monorail & padded bench with a soft cloth & mild cleaner



- Clean entire machine
- Inspect handles & paddles for wear
- Inspect tubing & connection clips for wear



- Repeat WEEKLY steps
- Inspect seat carriage for fit. If loose, follow instructions to tighten rollers.
- Check seat rollers for wear & debris. Clean, rotate or replace as needed.
- Monitor dust/dirt buildup in air inlet & outlet screens. Vacuum as needed.
- Monitor drive shaft & lubricate with lithium grease as needed.



- Repeat MONTHLY steps
- Inspect drive cord, clips, & rewind shock cord for wear. Replace as needed.
- **HARSH ENVIRONMENTS:** Apply lithium grease to screw threads on all nuts & bolts. This will help prevent corrosion and rust.
- Replace (2) AA batteries as needed. Recommend every 6 months.

