



ANT+ POWER METER & TRAINING PEAKS

Connection Steps

You will need an **ANT+ compatible display device** that supports the ANT+ bicycle power profile in order to communicate with Training Peaks. A device like the *Garmin 910XT* and *Garmin Edge 800* are two popular options. A list of compatible devices can be found at: <http://support.Trainingpeaks.Com/compatible-devices.aspx>.

STEP 1

Turn on **ANT+ Display Device** and the **Vasa Power Meter**. Initiate pairing from the ANT+ Display Device (i.e. Garmin 910XT).

NOTE: You may need to tell the ANT+ Display Device in its setup menu to look for a "bike power sensor" (i.e. Vasa Power Meter). If it does not pair within 15 seconds, power off the Vasa Power Meter. Turn it back on to pair.

STEP 2

Once paired, start the workout timer on the **ANT+ Display Device** which will initiate data capture. As you swim, data will be sent from the Vasa Power Meter to the ANT+ Display Device.

STEP 3

At the completion of the workout, stop the workout timer on the **ANT+ Display Device**. ANT+ Display Device can now be connected to computer to transfer data to Training Peaks per normal procedure.

NOTE: If you wish to view Left/Right power values on the Vasa Power Meter, you must be in STROKE MODE (press and hold the SHIFT + DOWN ARROW).